|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SUNDAY**  **APR 7,14,21,28**  **MAY 5**  **1:00-7:45 PM** |  | **MONDAY**  **APR 1,2,15,22,29**  **MAY 6**  **430-830 PM** |  | **WEDNESDAY**  **APR 3,10,17,24**  **MAY 1,8**  **415-800 PM** |  | **THURSDAY**  **APR 4,11,18,25**  **MAY 2,9**  **445-730 PM** |
| **SUNDAY MARCH 31**  400-500 JUN/STAR1 500-635 STAR 2/3/4+  flood  1845-1945 ADULT |  | **SUNDAY MAY 12**  **100-200 CANSK8**  **200-300 PSK8** |  |  |  |  |
| **100-115 set up**  **115-205**  **CANSK8**  **PRECANSK8** |  |  |  | **PLEASE NOTE**  **TEST DAY IS SCHEDULED FOR SATURDAY MAY 11TH** |  |  |
| **115-205**  **INTRO POWERSK8** |  |  |  |  |  |  |
| **205-315**  **JUNIOR / STAR 1** |  |  |  | **415-520**  **JUNIOR / STAR 1** |  |  |
| **315-325 FLOOD** |  |  |  |  |  |  |
| **325-500**  **STAR 4+**  **325-340 CLASS**  **340-430 FS**  **430-450 DAN/SK**  **450-500 POWER** |  | **430-600**  **STAR 2/3/4**  **430-445 DAN/SK**  **445-535 F/S**  **535-550 CLASS**  **550-600 POWER**  **FLOOD AT 6** |  | **520-650**  **STAR 2/3/4**  **520-535 DAN/SK**  **535-620 FS**  **620-635 SPINS**  **635-650 CLASS** |  | **445-615**  **STAR 2/3/4**  **445-500 DAN/SK**  **500-600 FS**  **600-615 CLASS** |
| **500-510 FLOOD**  **510-635**  **STAR 2/3/4**  **505-515 CLASS**  **515-605 FS**  **605-625 DAN/SK**  **625-635 POWER** |  | **610-740**  **STAR 4+**  **610-620 CLASS**  **620-725 FS**  **725-740 CLASS** |  | **620-800**  **STAR 4+**  **620-635 SPINS**  **635-650 CLASS**  **650-700 FLOOD**  **700-750 FS**  **750-800 POWER** |  | **600-730**  **STAR 4+**  **600-615 CLASS**  **615-715 FS**  **715-730 DAN/SK** |
| **635-645 FLOOD**  **645-745**  **ADULT CLASS** |  | **740-830**  **ADVANCED POWERSKATE** |  |  |  |  |

PLEASE NOTE

‘CLASSES’ WILL BE ASSIGNED AS FOLLOWS

EDGE/TURN

POWER

DANCE/SKILLS

FIELD MOVES

CREATIVE

DURING CLASSES – COACHES WILL ASSIST THEIR SKATERS OR COACH THEM IN THE ASSIGNED DISCIPLINE…

I.E. IF IT IS DANCE THEN SKATERS WOULD PRACTICE THEIR DANCES AND COACHES WOULD INSTRUCT DANCE LESSONS IN GROUP OR PRIVATELY

IF IT IS CREATIVE…A COACH WILL LEAD THE CLASS AND THE OTHER COACHES ARE EXPECTED TO ASSIST THEIR SKATERS